

Allison Wootan CEUs

All trainings can be adapted between 2-5 hours. For trainings to be CEU'd they must be 5 hours. All trainings are created with a focus on ASOST/OST educators

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Title	Description	Online/ In Person	Core Competency	CEU Available?
All Means All: Supporting Children with ADHD	Develop specific expertise in working with children who are experiencing the unique challenges associated with ADHD. Learn about supporting ADHD for all ages of child. Explore behaviors associated with the three types of ADHD diagnosis. Learn about the diagnosis and common symptoms, concrete, specific strategies, tools, and activities to support children with ADHD. Overcome frustration, resistance, and poor self-esteem; build tools for focus, calmness, and success. Build an understanding of the unique challenges faced by families with a child who has ADHD and connect to, dialog with, and support families. Opportunities to practice skills and tools are a key element of this course.	Online, In Person	2	Yes
Director's Roadmap to Success: Directing to Realize Your Program Mission	Provides participants with an understanding of the importance of program mission and how that mission should guide program policies and procedures and align with state requirements. Strategies are explored for overseeing and managing staff, and for involving all stakeholders in pursuing and upholding the program mission. This course is for OST Directors that oversee every day operations and programming.	In Person	7	No
Directors Roadmap to Success: Leveraging Business Concepts in Your OST Program	Explore how business concepts and planning techniques can be used to make your program flourish. Learn how to critically analyze your program's strengths and weaknesses, designate resources to make the greatest impact, and develop budgeting tools. Walk away with a set of tangible tools to manage your program more strategically. This course is for OST Directors that oversee every day operations and programming	In person, Online	7	Yes (Online only)

Directors Roadmap to Success: Continuous Quality Improvement	Introduces participants to EEC's Continuous Quality Improvement plan and provides knowledge about how it aligns to QRIS standards and measurement tools. Participants will practice setting goals and creating effective action steps. We will explore strategies for mentoring staff and involving the whole team in a culture of continuous quality improvement. This course is for OST Directors that oversee every day operations and programming	In person, Online	7	Yes (Online only)
Directors Roadmap to Success: Using Technology, Building Systems	Explore technology to build systems that will ensure the program is meeting EEC requirements and making progress in the QRIS system. Best practices in data collection and record keeping for effective system building will be highlighted, as well as key concerns relating to confidentiality. Participants will have the opportunity to practice using technology to build effective systems to support program operations and share educational resources	In person, Online	7	Yes (Online only)
Engaging Families, Schools, and Communities	Build on existing relationships with families, forge stronger links with schools, and connect with community resources. Explore ways to build connections between stakeholders and strengthen the program's role as a center of the local community.	Online, In Person	3	Yes
Hands-on Strategies to Spark a Love of Reading	Spark a love for reading! Support school-year learning for school-age children. Halt summer learning loss in your summer program. Discover how to infuse literacy throughout all areas of your program. Learn fun, alternative ways to boost literacy. Explore the stages of literacy development and the Massachusetts Common Core (Curriculum Frameworks). Discover how to develop and implement exciting literacy activities. Don't love reading? You can still be a literacy expert! Find out how you can make learning and literacy feel like playing!	In Person, Online	5	Yes
IPDPs: Empowering Staff to Reach Professional Development Goals	This training is for Directors, Supervisors, and anyone who currently manages or aspires to manage adults. Craft staff IPDPs (Individual Professional Development Plans) that align to QRIS requirements. Discover strategies for conducting IPDP meetings and creating IPDPs that empower staff to reach professional development goals as well as motivating staff to work toward program improvement goals. Learn about different ways that staff are motivated and about building and maintaining a sense of inspiration in your program. Craft a plan for collaborative IPDP creation and implementation and staff motivation.	In Person	8	No

Promoting Positive Behavior	Learn foundations of child development and understand the causes behind difficult behavior. Explore tools for positive and beneficial communications, interactions, and relationships. Learn to build a positive peer culture and create and implement a positive behavior management system. Motivate positive behavior in children exhibiting challenging behaviors. Learn concrete tools to promote positive behavior and positive communications. Learn about conflict resolution and mediation techniques. This training course is experiential with many opportunities to observe and practice new skills.	In Person	2	No
Supporting STEM: Hands-on Strategies to Spark Curiosity	Spark children's curiosity and sense of play with STEM activities. Learn about STEM for different learning types. Become familiar with Massachusetts Curriculum Frameworks (Common Core). Explore not just science and math, but also engineering and technology, and learn about including all four of these key areas into your program in ways that are fun and exciting to staff and children. Learn about Thematic Curriculum and Project-Based learning and create lesson plans infused with STEM. Connect to your sense of fun in STEM! Surprising, slightly messy, and great fun... guaranteed!	In Person	7	No
Understanding Triggers and Crisis De-Escalation	Prevent problem behaviors before they arise, and help children build self-awareness and self-regulation skills. Make any situation into an opportunity for learning, insight, and growth.	In person, Online	2	Yes (Online only)
Understanding Bullying and Prevention Strategies	Explore the causes of bullying behavior and steps to prevent and stop bullying. Learn to create a positive community while teaching children healthier and more appropriate strategies for conflict resolution. Discover concrete, implementable strategies, useful games, and helpful tools. Craft a plan to create a strong, bully-free program culture.	In person, Online	2	Yes (Online only)